## Fruit of the Spirit—Kindness

## **Craft Activity**

This week we are going to make kindness flowers. Think of the person you want to make a kindness flower for maybe a friend, someone in your family or somebody at school.

tells me

stories

makes

Mary

me laugh

- 1. Draw and colour a simple flower outline on a piece of paper or cut out the centre, petals and stem from coloured paper and stick them onto a background.
- 2. Write the name of the person you are thinking of in the centre of the flower.
- 3. On each petal write a word or phrase to explain how the person is kind e.g. gives me hugs, listens to me, smiles, does fun things with me.
- 4. When your flower is finished why don't you send it (or a photograph) to the person you wrote about.

Have fun!