

Jesus heals the Paralyzed man - Mat weaving activity

In this activity you will need:

- 2 A4 sheets of coloured paper (white is OK but a white and colour is better)
- Pair of scissors (a paper guillotine would be useful)
- Glue stick
- A clever mum or dad to help you with the cutting and to adapt the instructions if you need help. 😊

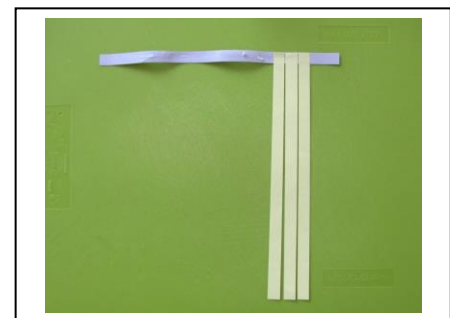
1) Firstly, cut your sheets of paper into equal width strips.
Width 1-2cm. The wider strips are easier to handle.



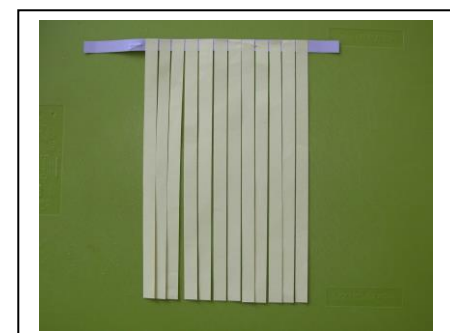
2) Take one of your strips of paper and glue one side using the glue stick.



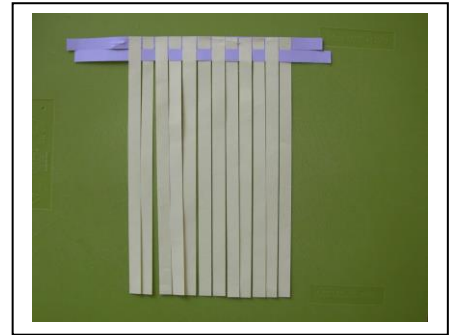
3) Take the other coloured strips of paper and carefully stick them to the first piece.



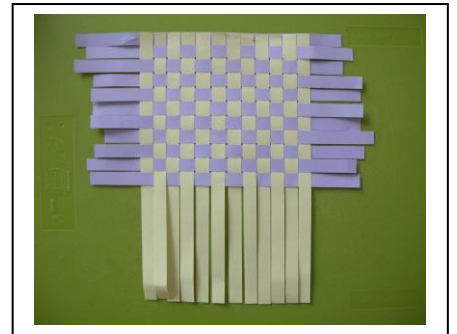
4) Keep adding the second colour paper strips. (Keep 2 strips of each colour for later).



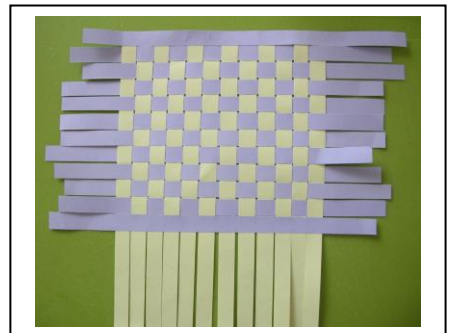
5) Weave a strip of the first colour under and over the second colour strips. Push the piece up to the piece you glued at the start.



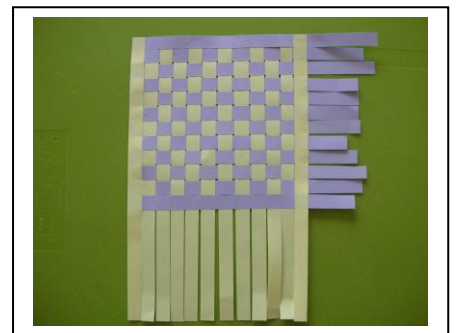
6) Keep weaving the first colour strips - change to over and under for the next row and then under and over for the row after that. Remember to push each row to touch the one above it.



7) Turn the woven paper over and stick a strip of the first colour at the bottom.



8) Stick a strip of the second colour along the other 2 sides.



9) Finally, carefully cut off the loose edges.

Read the story of Jesus healing the paralyzed man again. Luke 5 v17-26. I wonder if his mat was as beautiful as yours.

