



Where is your God?



Study Guide – Sunday 7th February 2021

Where is your God? – Honesty and Hope for the Downcast from Psalm 42

Please read Psalm 42

We also refer to a number of other verses and passages in the Online Service which will be helpful to reflect upon for this study.

1. Referring to v1-2, How do you relate to this description of spiritual dryness and distance from God? And what kind of things can cause us to feel like this?
2. Referring to v3: sometimes people assume that if you have faith in God, you shouldn't be sad or depressed. Why is that unhelpful?
3. Verse 4 begins, *'These things I remember as I pour out my soul'*. What do you think he means by 'pouring out my soul'? And why is this a helpful step in beginning to experience God's presence again?
4. Referring to v4-6: Why do you think that remembering times and specific occasions and places when we worshipped with others can really help us when we feel distant from God and downcast? What occasions and places come to your mind?
5. Referring to v7: What does this verse tell us about God's relationship with us? How might we hear the voice of God amidst the thunderous noise and storms of our lives?
6. Referring to v8: What does this mean to you?
7. Referring to v9-11: Why is it important when we're downcast to deliberately remember God's goodness; put your hope in God; and praise Him?
8. Where is God in in your experience of the pandemic?