



**Hill Cliffe Study Guide**  
**Sunday 3<sup>rd</sup> October 2021**

**Testimonies and Communion**

**Testimonies**

In Sunday's service we heard three honest and thought-provoking testimonies from Pam, Amy and Dawn about how they are coping with recent changes in their lives.

1. Which aspects of these three stories do you most connect with?
2. How do these three stories encourage, inspire and challenge you in handling change in your life today?

**Communion**

Please read Acts 2.42

3. What does it mean to be 'devoted'?
4. If we, as believers, were devoted to these four things - what difference do you think it would make in helping us to cope with unrequested change in our lives?

The act of sharing in the broken bread and the cup together speaks a powerful message to us. Please read 1 Corinth 10.17; Luke 22.19; Matthew 26.27-29; 1 Corinth 11.26

5. What is the powerful message that is communicated to us (and by us) in the communion?
6. Why is this message so important for believers struggling with change in their lives?

Communion is more than the communication of a powerful message – it also gives us a fresh opportunity to encounter and respond to the living God in person. Please read 1 Corinth 11.27-28; 1 Corinth 10.16

7. How should we respond to Jesus as he is revealed to us in the communion bread and cup?
8. Why is communion such a helpful spiritual discipline/encouragement for believers struggling to cope with change in their lives? Why be devoted to communion?