



**Hill Cliffe Study Guide**  
**Sunday 10<sup>th</sup> October 2021**

**Week 1 – Joy from a Jail**

1. What's the difference between happiness and Christian joy?

**Please read Galatians 5. 22.26; John 15.3-4; Philippians 4.11-13**

2. How might Christians experience more joy in their life?

**Please read Philippians 4.4**

3. Why is it so surprising (under the circumstances) that Paul's letter to the Philippians is so full of joy and contentment? How does this make you reflect constructively on our own circumstances?

**Please read Philippians 1.1-8**

The Joy of being involvement in God's Purpose in the world (v1-2)

4. Why do you think Paul and Timothy appear to take great pride and joy in identifying themselves as Christ's servants?
5. Is this an attitude that needs recovered or discovered in your life?

The Joy of Partnership with other believers (v3-5)

6. Why might this practice produce more joy in our lives?
7. How might we cultivate an attitude of gratitude for our fellow-believers?

The Joy of Embracing God's Ongoing Work in our lives (v6)

8. How should knowing this (and other stuff) about God lead you to deeper joy?

The Joy of Looking Out for others (v7-8)

9. In difficult circumstances, we are tempted to focus more and more in an inward direction. It's ironic that joy comes when we look out to the Lord, and when we look out for others.

Please use the model and the inspiration of Paul's prayer (v9-11) to spend some time in prayer for other believers. Make a note of any ways in which God prompts you as you pray to reach out to them and to bless them.