

## Bible passages

**Acts 4:24-31 (Video)**

**1 Timothy 1.12-17 (Stuart's Talk)**

## Summary points

- Start by recognising God is God.
- Worship puts things back into perspective.
- Use P.R.A.Y – Pause, Rejoice, Ask, Yield.

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## Discussion Questions

Q. What did you find most helpful or most challenging in the video and in Stuart's talk?

Q. Why do you think that we most often associate prayer with asking, rather than thanksgiving and adoration?

*"In commanding us to glorify him, God is inviting us to enjoy him" – C.S.Lewis*

Q. Pete Greig mentioned that prayer is primarily about relationship with God: "It's relational, not transactional". How does this change your perspective of coming to God in prayer?

Q. In the Acts 4.24-31 passage, the early church put their own crisis into perspective by worshipping. What are the practical things you could do this week to grow a habit of adoration and worship into your daily routine?

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## Practicing Thanksgiving and Adoration

**Pause:** Take a moment in silence and invite the Holy Spirit to help you reflect on God's Character and His works in your life, in the church and in the world.

**Rejoice:** Take time to speak out prayers of adoration – praising God for His character and goodness.

Then spend time thanking God for one or two things in your life, and in the life of the church family, for which you are grateful to God.