



Hill Cliffe Study Guide
Sunday 20 August 2023
#4 Psalm 38

1. What impacted you most from the Sunday sermon on Psalm 38?

One way of looking at the Psalm is to consider it under the 3 'R' headings Pam shared on Sunday:

David's Recognition of his Sin v1-8

2. Do you relate to how David speaks about his sin, or does his language seem foreign and extreme to you?
3. What do you think of how David connects his sinfulness with some physical, emotional and psychological effects in his body?
4. Why might Christians today rarely connect physical, emotional and psychological effects with their sinfulness?

David's Reflection on his Sin v9-17

5. How does David reflect on the impact of his sin, and process his feelings with God?
6. Do you speak with God like this?
7. How does his sinfulness impact on his relationship with God and others? Do you relate to this?
8. Why do you think this process of reflection and longing sometimes takes longer than we might like?

David's Repentance (and assumed future Rejoicing) v17-22

9. What elements of repentance are evident here? (See also 1 John 1.15-10 below)
10. How do you repent of your sin after you recognize and reflect on it?

1 John 1

5 This is the message we have heard from him and declare to you: God is light; in him there is no darkness at all. 6 If we claim to have fellowship with him and yet walk in the darkness, we lie and do not live out the truth. 7 But if we walk in the light, as he is in the light, we have fellowship with one another, and the blood of Jesus, his Son, purifies us from all sin.

8 If we claim to be without sin, we deceive ourselves and the truth is not in us. 9 If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness. 10 If we claim we have not sinned, we make him out to be a liar and his word is not in us.