



**BE TRANSFORMED**  
**By the Renewing of your Mind**

**STUDY GUIDE FOR JULY 6<sup>TH</sup>**

1. Do you know Jesus? If you do, what difference has Jesus made in your life? How has your character changed? What fruit is the Holy Spirit Growing in you? Are you as passionate and as convinced about Jesus now as when you first became a Christian? If not, why do you think that might be?
2. Take some time to stop, be still and connect with Jesus.
3. Read Romans 12

I suggest reading the passage twice, maybe choosing different individuals to read and reading from different translations. After each reading, stop and share what has jumped out for you or spoken to you.

It is important that we give the Holy Spirit chance to speak so please don't worry if you find that doing this means that you don't get on to the other questions.

4. What does it mean 'to offer your bodies as living sacrifices, holy and pleasing to God'? What does this spiritual act of worship look like in practice?
5. Before someone leaves home, they have typically had 18 years, 72 seasons, 216 months and 6,570 days being conformed to the way their family, friends and culture do things and are typically unaware. How do people become conformed to the patterns of this world? In which areas of peoples' lives can you see evidence of them being conformed to the patterns of this world?
6. In what ways might 'being transformed' be similar and also different for each one of us? Consider Romans 12:3-8 and Romans 12:9-21.
7. When Paul speaks about being transformed by the renewing of your mind he is linking back to Romans 1 where he explains that people have suppressed the truth (v18), exchanged the truth of God for a lie (v25), worshipped and served created things rather than the Creator (v25) and haven't retained the knowledge of God (v28). What specific examples of these can you think of either in your own life, your family, the church, the local community, country or world around us?
8. In contrast to this, aligning ourselves for transformation involves (1) becoming aware, (2) stopping & asking questions, (3) looking for the lie, (4) turning back to God, (5) remembering who God is, who we are and allowing God's Holy Spirit to work, (6) replacing the lie with the truth and (7) retaining the truth. What might help you in this process and how might you be able to help each other?
9. At the end, consider breaking into small groups to share & pray for each other.