



**Armour of God Series:
Week 1 - Introduction and Belt
of Truth**

Read Ephesians 1:4-6, Ephesians 2:6, Ephesians 1:18-22 and Ephesians 3:16-17

1. Paul stresses we are united in Christ and that because we are united in Christ, we have access to Christ's power. Does that help us to understand the armour of God, if so, in what way?

Read Isaiah 11:5 and Isaiah 59:16-17 (for reference to belt/breastplate/helmet)

2. Paul's inspiration for the armour of God is often thought to be him looking at the armour of a Roman soldier who he was probably chained to. Does it change things for us, and if so in what way, if we consider his main inspiration for the armour is the Old Testament prophecies about the armour Jesus would wear?

Read Ephesians 6, 10-18

3. Are there any stand out examples of Jesus wearing His armour in His earthly ministry that you are drawn to? Do you find it helpful to think that you are putting on the same armour that Jesus wore in his Earthly ministry?
4. Paul says it is imperative that we put on our full armour so we can take our stand against the devil's scheme so we can stand firm. What stops us putting on our full armour?

Read Isaiah 59:14-15

5. Does Isaiah's depiction of truth sound familiar?
6. In John 14:6 Jesus says I am the way, **THE TRUTH**, and the life. What does Jesus mean when he says 'I am the Truth'? How does putting on our belt of Jesus help us to resist the lies of the evil one?
7. What practical step are we going to take this week to make sure we put on the belt of truth as opposed to the belt of lies?